



## NOTICE OF RACE

**Noroton YC Optimist Team Race Regatta**  
**Noroton Yacht Club**  
**Darien, CT**  
**26-27 July 2016**

The organizing authority for this event is Noroton Yacht Club

### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and the 2016 Rules for JSA Events.
- 1.2 Appendix D – Team Racing Rules – will apply with the following changes:
  - a. Rule D1.1(d) – arm signals – will not apply.
  - b. D1.2(a): Add “ (c) A boat may not protest for a breach of the Sailing Instructions”.
  - c. D1.2(c) will not apply
  - d. D2 – Umpired Races – will not apply
- 1.3 Appendix T Section C – Expedited Hearings – will apply.

### **2 ELIGIBILITY**

- 2.1 This event is open to Optimist sailors on teams representing member programs in JSA Areas A, B and C.
- 2.2 All competitors shall comply with the eligibility rules of the JSA of LIS and be members of the USODA.
- 2.3 All competitors shall be certified as competent for this event by either the head instructor or the program head of their member program.
- 2.4 Teams shall consist of 4 or 5 sailors and 4 boats.
- 2.5 Teams from yacht clubs/programs outside the JSA may enter if space permits, up to a total regatta limit of 20 teams. Entries for teams outside the JSA will be accepted in order of date of receipt.

### **3 ENTRY REQUIREMENTS**

- 3.1 A completed Entry Form with entry fee of \$280 per team. Each team shall indicate their average level of team racing experience on the entry form: Silver: two (2) or fewer team race events. Gold: three (3) or more team race events.
- 3.2 A completed standard JSA Waiver and Medical Authorization Form for each competitor.
- 3.3 The entry fee and all forms must be received by Noroton Yacht Club Junior Sailing at 23 Baywater Drive Darien CT 06820 Attn: Noroton Optimist Team Race Regatta by 1700 hours on Friday, July 22, 2016. The Entry Form, JSA Waiver and Medical Authorization Form may be submitted electronically to, NYCjuniors@optonline.net A single check, payable to “Noroton Yacht Club”, must be drawn per team for all fees. A single check can be used for multiple teams from the same organization or club.

- 1.1 Late entries may be accepted if there is room. To inquire about registering after the date listed above, contact the regatta chairperson. The entry fee for late entries is \$325 per team.

## **2 REGISTRATION AND SAILING INSTRUCTIONS**

- 2.1 Each participant must appear in person at the registration table during the registration period. Sailing instructions will be available before or during this time.
- 2.2 The race committee will supply colored streamers to be displayed at the end of each boat's sprit.

## **3 FORMAT OF THE REGATTA**

- 3.1 The event will be a four boat against four boat team race.
- 3.2 The regatta format will be determined by the Regatta Chairperson and the Principal Race Officer(s) and will be based on the number of teams registered. The OA intends to split teams into a Gold Fleet and a Silver Fleet depending on their experience.

## **4 SCHEDULE** The schedule of events is as follows:

### **Tuesday July 26**

- Registration 0900
- Competitors' Meeting 0930 .
- First warning signal 1045

### **Wednesday July 27**

- Competitors' Meeting 0930
- Harbor Start 1000
- First warning signal 1045
- The Race Committee will endeavor not to begin a starting sequence after 1500. However, weather conditions and/or the progress of the event may govern the actual conclusion of racing.
- Presentation of Awards as soon as practical after the conclusion of racing.

Continental breakfast will be provided for sailors and coaches both days. Refillable water bottles will be provided. **Lunches may be purchased from the Noroton Clubhouse Café separately.**

## **5 RACING AREA AND COURSE**

Racing will take place approximately ½ mile south of the Noroton harbor. The courses will be described in the sailing instructions.

## **6 SAIL NUMBERS**

Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected in accordance with Rule 76.1. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

## **7 EQUIPMENT AND SAFETY REQUIREMENTS**

- 7.1 Each boat must comply with the USODA rules and with the JSA Optimist Inspection Checklist (Appendix A of the Rules for JSA Events). An inspection of some or all boats may be carried out at any time during the event.
- 7.2 In addition to the requirements of rule 40 and its US Prescription, a condition of entry and participation in this regatta is the wearing of a US Coast Guard approved PFD properly secured at all times while on the



water, except for brief periods while removing or adding clothing. Failure to wear one may result in a penalty of at least one race-win at the discretion of the protest committee.

7.3 Each competitor shall have a whistle attached to their PFD at all times while on the water.

7.4 Each boat shall have a secure loop in the end of its bow line.

## **8 PROTESTS**

8.1 A boat intending to file a protest or request for redress shall comply with rule T3 in Appendix T, and shall, not consult with coaches or spectators, prior to notifying the race committee finish boat.

8.2 Expedited hearings will be held immediately after the completion of each race aboard the Judge boat.

## **9 SCORING**

Scoring will be in accordance with RRS Appendix D, except as modified by the Sailing Instructions.

## **9.1 COACHES AND SUPPORT BOATS**

9.2 All teams shall have a coach and support boat at the event on both days. Coaches shall have VHF radios, a first aid kit and anchor with 50' rode. A coach or other adult shall drive the support boat in accordance with JSA 9.4 (c) and (d), and be prepared to assist the Race Committee with mark setting and competitor safety if called upon to do so.

9.3 Spectator and coach boats shall stay in the designated waiting area at all times unless called on by the race committee to help move marks or assist in safety/rescue.

## **10 DISCIPLINE**

10.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The organizing authority may initiate a conduct hearing in accordance with JSA disciplinary rule 11 of a junior sailor or instructor for actions that include, but are not limited to, the following:

- Swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
- Stealing or borrowing without permission, anything that does not belong to them; or
- Possessing, consuming or being under the influence of alcohol.
- Failure to wear a properly fastened PFD
- Failure to comply with curfew requirements or other conditions of the regatta

10.2 Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made.

## **11 PRIZES**

Prizes will be awarded to the top three Gold Fleet and the top three Silver Fleet teams.

## **12 RESPONSIBILITY FOR SAFETY**

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the Noroton Yacht Club and the JSA of LIS, the owner and the helmsperson of each boat agree that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the Noroton Yacht Club and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each

participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant

### **13 FURTHER INFORMATION**

The Notice of Race, preliminary Sailing Instructions, results and other information are available on the JSA of LIS web site at [www.jsalis.org](http://www.jsalis.org) and on the Noroton Yacht Club web site at [www.norotonyc.org](http://www.norotonyc.org).

Regatta Chairman: Connor Brady - [cbrady.nyc@gmail.com](mailto:cbrady.nyc@gmail.com)

Principal Race Officer: Jim Crane/Michael Rudnick

Protest Committee: Peter Wilson/Britt Hall



## WAIVER AGREEMENT

Junior Sailor \_\_\_\_\_ Parent /Guardian \_\_\_\_\_

Please Print Please Print

The undersigned is the Parent/Guardian of the Junior Sailor named above and hereby acknowledges that the execution of this Agreement is a condition to the participation of the Junior Sailor in the Noroton Opti Team Race Program (hereinafter "Program") as stated above. The undersigned accepts that the sport of sailing and the conduct of the Program entail and are subject to certain inherent risks, and, on behalf of the Junior Sailor, accepts all risks on land and at sea of participation in the Program. Now, therefore, the undersigned does hereby agree as follows:

- 1) The undersigned consents to the participation of the Junior Sailor in the Program.
- 2) The undersigned consents to the participation of the Junior Sailor in all regattas, clinics, and sailing events (hereinafter collectively referred to as "Regattas") which are a part of the Program and acknowledges that said consent is without exception within the limits proscribed within, unless a specific exception is noted herein. The undersigned further agrees that this Agreement will extend to the benefit of the club or association sponsoring the registered Team (hereinafter "Club"), of Noroton Yacht Club, which is the host to or venue of such Regatta (hereinafter "Host"), and of the Junior Sailing Association of Long Island Sound, Inc. (hereinafter "JSA").
- 3) The undersigned waives any claims against and releases any obligation of the Club, the Host, the JSA and all of their respective members, employees, agents and all persons serving as members of the Race Committees or Protest Committees or any other person acting in any capacity for the conduct of the program or any Regatta in relation to any loss, injury or damage, on land or at sea, to the Junior Sailor or to the boat or other property of the undersigned or the Junior Sailor to the fullest extent permitted by law.
- 4) The undersigned agrees to reimburse the Club, the Host, the JSA and all of their respective members, employees, agents and all persons serving as members of the Race Committees or Protest Committees or any other person acting in any capacity for the conduct of the Program or any Regatta for any loss or damage to property, and hold the Club, the Host and the JSA harmless from any claim, loss or injury caused by the negligence, or misconduct of, or failure to exercise reasonable care by the Junior Sailor.

I have thoroughly read and understand this Waiver Agreement. By signing this document, I acknowledge the execution of this agreement and agree to each of the provisions listed above.

Signature of Parent/Guardian \_\_\_\_\_

Dated \_\_\_\_\_

## PARTICIPANT & MEDICAL INFORMATION

SAILOR NAME \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_

HOME PHONE (\_\_\_\_) \_\_\_\_\_ FAX (\_\_\_\_) \_\_\_\_\_ E-  
MAIL \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ (M)ALE / (F)EMALE  
M \_\_\_\_\_ F \_\_\_\_\_

MOTHER'S NAME \_\_\_\_\_ FATHER'S NAME \_\_\_\_\_

MOTHER'S WORK PHONE (\_\_\_\_) \_\_\_\_\_ HOME (\_\_\_\_) \_\_\_\_\_ CELL  
(\_\_\_\_) \_\_\_\_\_

FATHER'S WORK PHONE (\_\_\_\_) \_\_\_\_\_ HOME (\_\_\_\_) \_\_\_\_\_ CELL  
(\_\_\_\_) \_\_\_\_\_

PHYSICIAN: \_\_\_\_\_ PHONE (\_\_\_\_) \_\_\_\_\_

NAME OF INSURED \_\_\_\_\_  
INSURANCE CO. \_\_\_\_\_ POLICY # \_\_\_\_\_ GROUP # \_\_\_\_\_

Chronic illness, medical conditions, allergies or medication being taken (Please list, or write none)

## MEDICAL AUTHORIZATION

I hereby authorize a coach from my Club or the Host, or an adult who bears this document, to authorize emergency treatment for the Junior Sailor named above in the event that a parent or legal guardian cannot be reached at the above telephone numbers at the time of the emergency.

Signature of Parent/Guardian \_\_\_\_\_

Dated \_\_\_\_\_

### \*\* EMERGENCY CONTACTS IF PARENTS CANNOT BE REACHED:

\_\_\_\_\_(\_\_\_\_)\_\_\_\_\_(\_\_\_\_)\_\_\_\_\_  
Name Home Phone Cell/Work Phone

Relationship to Sailor \_\_\_\_\_

\_\_\_\_\_(\_\_\_\_)\_\_\_\_\_(\_\_\_\_)\_\_\_\_\_  
Name Home Phone Cell /Work Phone

Relationship to Sailor \_\_\_\_\_



## 2016 Noroton Optimist Team Race Entry Form

Team Name: \_\_\_\_\_ Date: \_\_\_\_\_, 2012  
**Team Racing Experience Level:** \_\_\_\_\_ **Silver** \_\_\_\_\_ **Gold** \_\_\_\_\_  
Sponsoring Club/Assoc: \_\_\_\_\_ Coach/Program Chair: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone(s): \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Fax: \_\_\_\_\_  
Phone(s): \_\_\_\_\_ Email: \_\_\_\_\_  
Fax: \_\_\_\_\_  
Email: \_\_\_\_\_

I certify that the participants listed below 1) are competent sailors, 2) meet the age requirements for Optimist class, and that 3) their boats meet the Optimist safety checklist requirements (see Appendix A, JSA Rules) and are seaworthy. Additionally, the combined Waiver Agreement, Participant & Medical Information, and Medical Authorization forms have been fully executed and are attached to this entry for each member of the team.

Signature of Coach or Program Chair

Date

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\*Note: All ages are as of December 31, 2011.

| Sail # | Skipper Last Name | Skipper First Name | Age*  | (M)ale or (F)emale |
|--------|-------------------|--------------------|-------|--------------------|
| _____  | _____             | _____              | _____ | _____              |
| _____  | _____             | _____              | _____ | _____              |
| _____  | _____             | _____              | _____ | _____              |
| _____  | _____             | _____              | _____ | _____              |
| _____  | _____             | _____              | _____ | _____              |